

Euodia Chua, Ph.D., Co-Founder

Dr. Chua's professional interests and specialties include Traumatic Stress, Complex Trauma, Resilience, Developmental Issues and Disorders, Identity Development, Family of Origin concerns, Acculturation and Intercultural Issues, Racial and Ethnic Affirmation and Allyship, LGBTQ+ Affirmation and Allyship, Experiences of Marginalization and Oppression, Disaster Mental Health, and Community-based Prevention and Intervention. Dr. Chua's theoretical orientation is an integration of Cognitive-Behavioral, Interpersonal Processing, and Multicultural perspectives. Having been trained in evidence-based practice, she believes that it is essential to stay updated on research and to continually expand her toolbox in order to tailor the best combination of tools for each client. A large part of what she enjoys in her work is collaborating with clients to discover various aspects of the self within the greater familial and cultural context they are embedded in, while identifying and creating opportunities for growth and resilience.

Dr. Chua is currently the Mental Health Advocate for the Asian Pacific American Student Association at the University of Arizona. She provides psychoeducational and clinical services to the APASA students and staff. Dr. Chua provides a cultural lens to encourage exploration of identity and the self, to process experiences, and to promote psychological well-being.

In her free time, Dr. Chua enjoys spending time with family and friends, traveling, being outdoors with her husband and son, listening to funk and jazz music, savoring various cuisines, film photography, and gardening. Having grown up traveling around the world, she has enjoyed the experience of putting down roots in a city, and is glad to be living and practicing in Tucson. She still looks forward to trips back to Singapore to visit with family and friends, and misses Singaporean food immensely.

Education & Credentials: B.SocSc in Psychology and Sociology, Singapore Management University, 2011; M.A. in Clinical/Disaster Psychology, University of South Dakota, 2015; Ph.D. in Clinical/Disaster Psychology, University of South Dakota, 2017.
Memberships: American Psychological Association; Division 52 (International), Division 56 (Trauma Psychology).

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